

**Instructions:** Answer the following questions using the answer sheet on the fourth page.

Learning Style Test (NLP model)

1. Which of these activities do you enjoy the most?
  - a. Listening to music
  - b. Watching a film
  - c. Dancing
2. What type of TV show would you rather watch?
  - a. Reports of discoveries and places.
  - b. Entertainment programs
  - c. News about the world and current events
3. When talking to another person, do you:
  - a. You listen to them attentively.
  - b. You watch them
  - c. You tend to touch them
  - d.
4. If you could buy one of the following items, which would you choose?
  - a. A jacuzzi
  - b. A mobile phone
  - c. A television
1. What would you rather be doing on a weekend afternoon?
  - a. Stay at home
  - b. Go to a concert
  - c. Go to the cinema#
2. Which of the following types of exam would you rather do?
  - a. Oral Exam
  - b. Written examination
  - c. Multiple-choice test
3. How do you orientate yourself more easily?
  - a. Using a map
  - b. Asking for directions
  - c. Using intuition
4. What would you rather do when taking a break?
  - a. Thinking
  - b. Walking around
  - c. Resting
5. What flatters you more?
  - a. Someone telling you, you look good
  - b. Someone telling you, you are polite
  - c. Someone telling you, you are interesting
6. Which of these environments attracts you the most?
  - a. One in which you feel a pleasant climate
  - b. One in which you can hear the waves of the sea
  - c. One with a beautiful ocean view
7. How do you memorise things?
  - a. Repeating aloud
  - b. Writing it several times
  - c. Relating it to something fun.
8. What event would you prefer to attend?
  - a. A social gathering
  - b. An art exhibition
  - c. A conference
9. How do you form an opinion of other people?
  - a. By the frankness of their voice
  - b. By the way they shake your hand
  - c. By their appearance
10. You consider yourself:
  - a. Athletic
  - b. An intellectual
  - c. Social

11. What kind of movies do you like the most?
  - a. Classic
  - b. Action
  - c. Romantic
  
12. How would you prefer to stay in touch with other people?
  - a. By email
  - b. Hanging out
  - c. By phone
  
13. Which of the following sentences do you identify most with?
  - a. I like my phone to be in perfect conditions.
  - b. I sense even the slightest noise my mobile phone makes.
  - c. It is important that my mobile phone is up to date and close to me.
  
14. How would you prefer to spend time with your friends?
  - a. Talking
  - b. Playing a board game
  - c. Watching something together
  
15. If you can't find your keys inside your bag you...
  - a. Use your sight to look for them
  - b. Shake the bag to hear the noise.
  - c. Use your hands to find them
  
16. When you try to remember something, how do you do it?
  - a. Through images
  - b. Through emotions
  - c. Through sounds
  
17. If you win the lottery right now, what would you do?
  - a. Buy a house
  - b. Travel around the world
  - c. Buy a recording studio
  
18. Which phrase do you identify with the most:
  - a. I recognize people by their voice
  - b. I don't remember what people look like.
  - c. I remember someone's appearance, but not their name.
  
19. If you had to stay on a deserted island, what would you rather take with you?
  - a. Some good books
  - b. A high-frequency portable radio
  - c. Snacks and canned food
  
20. Which of the following hobbies would you rather do:
  - a. Playing a musical instrument
  - b. Taking pictures
  - c. Manual activities
  
21. What is your clothing style like?
  - a. Flawless
  - b. Casual
  - c. Very informal
  
22. What do you like most about a bonfire at night?
  - a. The heat of the fire and roasted marshmallows
  - b. The sound of the fire burning the wood
  - c. Looking at the fire and the stars
  
23. How is it easier for you to learn a new topic?
  - a. Through a verbal explanation
  - b. Through the use of visual media
  - c. Through activities
  
24. What are you best known for:
  - a. For having a great intuition
  - b. For being very talkative
  - c. For being a good observer
  
25. What do you enjoy most about sunrise?

- a. The excitement of living a new day
  - b. The tonalities of the sky
  - c. The song of the birds
26. Would you rather be...
- a. A great physician
  - b. A great musician
  - c. A great painter
27. When you choose your clothes, which of these do you take into account?
- a. How appropriate it is
  - b. How well it looks
  - c. How comfortable it is
28. What do you enjoy most about a room?
- a. Silence
  - b. Comfort
  - c. Hygiene
29. Which of these is more aesthetic:
- a. A subtle illumination
  - b. Smelling or wearing perfume
  - c. Listening to a certain type of music
30. Which of these events would you rather attend:
- a. A music concert
  - b. A magic show
  - c. A gastronomic demonstration
31. What attracts you to a person?
- a. Their treatment and personality
  - b. Their physical appearance
  - c. Their conversation
32. When you go shopping, where are you most likely to spend a lot of time?
- a. In a bookstore
  - b. In a perfumery
  - c. In a video game store
33. Which of these activities would you be more likely to do with your friends:
- a. Eating in a quiet and calm restaurant
  - b. Eating in a restaurant with music and entertainment
  - c. Go dancing
34. What do you enjoy most about travelling?
- a. Meet people and make new friends
  - b. Get to know new places
  - c. Learn about other cultures
35. When you have to learn something by heart...
- a. You memorize what I see and remember the pictures given (if any)
  - b. You memorize by repeating what you studied rhythmically and remember it step by step.
  - c. You walk and look around, you remember the general idea better than the details.
36. If you were offered one of the following jobs, which would you choose?
- a. Director of a radio station.
  - b. Director of a sports club
  - c. Director of a magazine

**RESULT EVALUATION**

**Instructions:** Mark the answer you chose for each of the questions and at the end add vertically the number of marks per column. The total allows you to identify which perceptual channel is predominant, according to the number of answers you chose in the questionnaire.

Mark the answer you chose for each of the questions and at the end add vertically the number of marks per column.			
Question Number	Visual	Aural	Kinesthetic
1	B	A	C
2	A	C	B
3	B	A	C
4	C	B	A
5	C	B	A
6	B	A	C
7	A	B	C
8	B	A	C
9	A	C	B
10	C	B	A
11	B	A	C
12	B	C	A
13	C	A	B
14	A	B	C
15	B	A	C
16	A	C	B
17	C	B	A
18	C	A	B
19	A	B	C
20	A	C	B
21	B	C	A
22	C	A	B
23	A	B	C
24	B	A	C
25	A	B	C
26	C	B	A
27	B	A	C
28	C	B	A
29	B	C	A
30	C	B	A
31	B	A	C
32	C	A	B
33	A	C	B
34	B	A	C
35	B	C	A
36	A	C	B
37	A	B	C
38	B	C	A
39	B	C	A
40	C	A	B
TOTAL			